

## About Rick Seidel, author of *Sunsets and Shooting Stars*



Born and raised in Northeastern Pennsylvania, Dr. Rick Seidel and his family have been vacationing on Cape Cod every summer for the last 35 years – a tradition shared by many New Englanders.

From the time Seidel was a young boy, he remembers making the annual trek up to Truro, Mass., with his parents and three siblings. Seidel's parents instilled a love for travel in their children, despite their modest income and busy lives. Today, with four generations of Cape Cod adventures behind him, Seidel shares his memories in his new travel memoir, *Sunsets and Shooting Stars*.

In between his summers in Cape Cod, Seidel excelled in school. He attended the University of Scranton in Pennsylvania, graduating Magna Cum Laude with a degree in biology in 1988. He went on to receive a Doctor of Medicine from the University of Maryland School of Medicine.

Seidel moved to Dallas, Texas, in 1992 to complete his residency in internal medicine at the University of Texas Southwestern Medical Center. At the completion of his residency in 1995, Seidel received the John S. Miller Award for Outstanding Performance as a House Officer. He continued at UT Southwestern where he completed fellowship training in gastroenterology, hepatology and advanced therapeutic endoscopy.

Seidel currently practices gastroenterology in Tyler, Texas, where he lives with his wife of 14 years, Melanie, and their three young children. Staying true to family tradition, Seidel continues to vacation on Cape Cod every summer with his parents, siblings, wife, children and other extended family. Like most American families, Seidel's family is scattered across the country. But despite the geographic locations, they make the effort every summer to reunite on Cape Cod, which has allowed his family to remain close.

Having authored scientific articles and textbook chapters, *Sunsets and Shooting Stars: A Cape Cod Memoir* is Seidel's first creative work. Written in a light, humorous tone that makes it a fun beach read, the book recounts fishing fiascos, boating mishaps and sibling squabbles, describing a true-to-life cast of characters from Seidel's own family. As Seidel remembers the highs and lows of his annual journey to the Cape, he reveals how summer vacations can bring any family closer together, no matter what the final destination.

For more information, visit [www.ccmemoir.com](http://www.ccmemoir.com).

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To request a review copy of *Sunsets and Shooting Stars* or to set up an interview with Seidel, please contact Amber Childres at (512) 478-2028 ext. 224 or [achildres@phenixpublicity.com](mailto:achildres@phenixpublicity.com)